



www.sitespeedsteps.com

Test Date	12/9/2020
Plugin Name	All In One SEO
Plugin URL	https://wordpress.org/plugins/all-in-one-seo-pack/
Plugin Version	3.7.1
Theme Used	Twenty Twenty
Theme Used	1.6
WordPress Version	5.5.3
WordPress Host	Siteground
WordPress Host Plan	GoGeek
Testing Page/Post URL	https://sandbox.sitespeedsteps.com/site-speed-steps-testing-post/
Number of Testing Post Words	800
Number of photos in test post	3 + featured image

PRE ACTIVATION TESTING - BASELINE ENVIRONMENT

	Mobile Test 1	Desktop Test 1	Mobile Test 2	Desktop Test 2	Mobile Test 3	Desktop Test 3	Mobile Test 4	Desktop Test 4	Mobile Test 5	Desktop Test 5	AVG Mobile	AVG Desktop
Google Page Speed Insights Score	83	93	77	98	88	97	84	100	83	98	83	97
	Largest Contentful Paint 1	Total Blocking Time 1	Cumulative Layout Shift 1	Largest Contentful Paint 2	Total Blocking Time 2	Cumulative Layout Shift 2	Largest Contentful Paint 3	Total Blocking Time 3	Cumulative Layout Shift 3	Largest Contentful Paint Avg	Total Blocking Time Avg	Cumulative Layout Shift Avg
GTmetrix Test	2.30	42.00	0.0	1.10	7.00	0.0	1.00	8.00	0.0	1.47	19.00	0
	Load Time	Total Page Size 1	Requests 1	Fully Loaded Time 2	Total Page Size 2	Requests 2	Fully Loaded Time 3	Total Page Size 3	Requests 3	AVG Load Time	AVG Page Size	AVG Request
Pingdom Speed Test	775.00	345.60	13.0	829.00	345.60	13.0	792.00	345.60	13.0	798.67	345.60	13

POST ACTIVATION TESTING

	Mobile Test 1	Desktop Test 1	Mobile Test 2	Desktop Test 2	Mobile Test 3	Desktop Test 3	Mobile Test 4	Desktop Test 4	Mobile Test 5	Desktop Test 5	AVG Mobile	AVG Desktop
Google Page Speed Insights Score	96	98	84	98	96	98	96	99	99	83	94	95
	Largest Contentful Paint 1	Total Blocking Time 1	Cumulative Layout Shift 1	Largest Contentful Paint 2	Total Blocking Time 2	Cumulative Layout Shift 2	Largest Contentful Paint 3	Total Blocking Time 3	Cumulative Layout Shift 3	Largest Contentful Paint Avg	Total Blocking Time Avg	Cumulative Layout Shift Avg
GTmetrix Test	1.00	10.00	0.0	1.20	20.00	0.0	1.30	9.00	0.0	1.17	13.00	0
	Load Time	Total Page Size 1	Requests 1	Fully Loaded Time 2	Total Page Size 2	Requests 2	Fully Loaded Time 3	Total Page Size 3	Requests 3	AVG Load Time	AVG Page Size	AVG Request
Pingdom Speed Test	1360.00	346.40	13.0	811.00	346.40	13.0	1060.00	346.40	13.0	1077.00	346.40	13