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Test Date	1/7/2021
Plugin Name	Health Check & Troubleshooting
Plugin URL	https://wordpress.org/plugins/health-check/
Plugin Version	1.4.5
Theme Used	Twenty Twenty
Theme Used	1.5
WordPress Version	5.6
WordPress Host	Siteground
WordPress Host Plan	GoGeek
Testing Page/Post URL	https://sandbox.sitespeedsteps.com/site-speed-steps-testing-post/
Number of Testing Post Words	800
Number of photos in test post	3 + featured image

PRE ACTIVATION TESTING - BASELINE ENVIRONMENT

	Mobile Test 1	Desktop Test 1	Mobile Test 2	Desktop Test 2	Mobile Test 3	Desktop Test 3	Mobile Test 4	Desktop Test 4	Mobile Test 5	Desktop Test 5	AVG Mobile	AVG Desktop
Google Page Speed Insights Score	99	98	99	99	89	98	99	100	88	99	95	99
	Largest Contentful Paint 1	Total Blocking Time 1	Cumulative Layout Shift 1	Largest Contentful Paint 2	Total Blocking Time 2	Cumulative Layout Shift 2	Largest Contentful Paint 3	Total Blocking Time 3	Cumulative Layout Shift 3	Largest Contentful Paint Avg	Total Blocking Time Avg	Cumulative Layout Shift Avg
GTmetrix Test	1.00	0.00	0.0	0.90	0.00	0.0	1.00	2.00	0.0	0.97	0.67	0
	Load Time	Total Page Size 1	Requests 1	Fully Loaded Time 2	Total Page Size 2	Requests 2	Fully Loaded Time 3	Total Page Size 3	Requests 3	AVG Load Time	AVG Page Size	AVG Request
Pingdom Speed Test	824.00	346.10	13.0	776.00	346.10	13.0	769.00	346.10	13.0	789.67	346.10	13

POST ACTIVATION TESTING

	Mobile Test 1	Desktop Test 1	Mobile Test 2	Desktop Test 2	Mobile Test 3	Desktop Test 3	Mobile Test 4	Desktop Test 4	Mobile Test 5	Desktop Test 5	AVG Mobile	AVG Desktop
Google Page Speed Insights Score	99	100	99	99	99	99	99	99	83	99	96	99
	Largest Contentful Paint 1	Total Blocking Time 1	Cumulative Layout Shift 1	Largest Contentful Paint 2	Total Blocking Time 2	Cumulative Layout Shift 2	Largest Contentful Paint 3	Total Blocking Time 3	Cumulative Layout Shift 3	Largest Contentful Paint Avg	Total Blocking Time Avg	Cumulative Layout Shift Avg
GTmetrix Test	0.90	0.00	0.0	1.30	0.00	0.0	0.90	11.00	0.0	1.03	3.67	0
	Load Time	Total Page Size 1	Requests 1	Fully Loaded Time 2	Total Page Size 2	Requests 2	Fully Loaded Time 3	Total Page Size 3	Requests 3	AVG Load Time	AVG Page Size	AVG Request
Pingdom Speed Test	788.00	346.10	13.0	872.00	346.10	13.0	831.00	346.10	13.0	830.33	346.10	13